



# The 2010 Midwest Regional Brain Tumor Conference

A free educational event for patients,  
caregivers & family members

Saturday, June 26, 2010  
University of Cincinnati Tangeman Center

*In partnership with:*



National  
Brain Tumor  
Society

# Program

|                  |   |
|------------------|---|
| 8:00 - 8:30 am   | <b>Registration, Continental Breakfast &amp; Exhibits</b>   |
| 8:30 - 8:40 am   | <b>Welcome</b><br><i>Christopher McPherson, MD &amp; Harriet Patterson, MPH</i>                               |
| 8:40 - 9:00 am   | <b>Brain Tumors: Where Do They Come From?</b><br><i>Tania Carreón-Valencia, MS, PhD</i>                       |
| 9:00 - 9:30 am   | <b>Brain Tumor Surgery</b><br><i>Christopher McPherson, MD</i>  |
| 9:30 - 10:00 am  | <b>Radiation Therapy for Brain Tumors</b><br><i>John Breneman, MD</i>   |
| 10:00 - 10:30 am | <b>Food for Thought: Healthy Diet for People Living with Brain Tumors</b><br><i>Lisa Andrews, MEd, RD, LD</i> |
| 10:30 - 10:45 am | <b>Break</b>  |
| 10:45 - 11:30 am | <b>Resources: Financial &amp; Emotional</b><br><i>Tamar Sekayan, MSW</i>                                      |
| 11:30 - 12:00 pm | <b>Exercise &amp; Tai Chi</b><br><i>Ralph Dehner</i>  |
| 12:00 - 12:30 pm | <b>Frontiers for the Future of Brain Tumor Treatment</b><br><i>Olivier Rixe, MD, PhD</i>                      |
| 12:30 - 1:15 pm  | <b>Lunch</b>  |
| 1:15 - 1:20 pm   | <b>Concluding Remarks, Move to Breakout Sessions</b><br><i>Christopher McPherson, MD</i>                      |
| 1:20 - 3:30 pm   | <b>Breakout Sessions</b>  |

Note: The program continues on the next page with breakout information.

## 15 Minute Physician Consults

There will be a private room available for pre-scheduled 15 minute physician consults. Those who are interested in signing up should call Tara Orgon Stamper at (513) 558-8649. You will be assigned a time slot and requested to gather medical information and scans together prior to the conference. When time slots are full, a waiting list will be started. All scans need to be received before **Wednesday, June 16** to allow time for preparation.

## Breakout Sessions

### 1:20-3:30 pm Breakout (A) Pituitary Adenoma Session

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Hormones, the Pituitary, and Why They Matter – *Naila Goldenberg, MD*  
So You Have a Pituitary Tumor: What Now? – *Philip Theodosopoulos, MD*  
Your Smell and Your Sinuses After Pituitary Surgery – *Lee Zimmer, MD, PhD*  
Discussion and Q&A

### 1:20-3:30 pm Breakout (B) Acoustic Neuroma Session

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Brief Overview: Findings of Acoustic Neuroma Assn. Patient Survey – *John Tew, Jr., MD*  
Treatment Options and Expectations – *John Tew, Jr., MD & Myles Pensak, MD*  
Hearing Restoration – *Ravi N. Samy, MD, FACS*  
Patient Panel  
Discussion and Q&A

### 1:20-3:30 pm Breakout (C) Meningioma Session

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Incidence, Risk Factors, Classification & Presenting Symptoms – *Ronald Warnick, MD*  
Imaging & Preoperative Embolization – *Achala Vagal, MD*  
Surgical Options – *Ronald Warnick, MD*  
Radiation Options, Chemotherapy, Clinical Trials – *John Breneman, MD*  
Mock Tumor Board, Discussion and Q&A

### 1:20-3:30 pm Breakout (D) Glioma Session

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Glioma 101 – *Christopher McPherson, MD*  
Glioma Chemotherapy: Standard Treatment and Beyond – *Olivier Rixe, MD, PhD*  
Living with a Glioma – *Sandy Hempel*  
Discussion and Q&A

### 1:20-3:30 pm Breakout (E) Living with a Brain Tumor Session

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*Tamar Sekayan, MSW, Tara Orgon Stamper, CNRN, ANP-BC,*  
*Shanna Armstrong, RN, MSN, CNS*  
Survivor Concerns  
Caregiver Concerns  
The “New Normal”  
Psychosocial Support for Everyone

### 1:20-3:30 pm Breakout (F) Metastatic Brain Tumor Breakout Session

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Brain Metastases – General Principles, Surgery and Radiation Therapy –  
*Jessica Guarnaschelli, MD*  
Patient Story  
Discussion and Q&A

# Registration

**Deadline: June 22, 2010**

**To register or for more information:**

**Call:** 513-569-5354      **Fax:** 513-569-5365

**Online:** [www.UCBrainTumorCenter.com](http://www.UCBrainTumorCenter.com)

**Mail:** UC Neuroscience Institute  
506 Oak Street  
Cincinnati, OH 45219

*Optional Nametag Information:* We would like to include information on your nametag to facilitate networking the day of the event. If you would like to participate, please list the appropriate number on the registration form below.

- |                      |                       |
|----------------------|-----------------------|
| 1. Pituitary Adenoma | 8. Acoustic Neuroma   |
| 2. Meningioma        | 9. Malignant Glioma   |
| 3. Glioblastoma      | 10. Low Grade Glioma  |
| 4. Astrocytoma       | 11. Oligodendroglioma |
| 5. Metastatic tumor  | 12. Caregiver         |
| 6. Family member     |                       |
| 7. Other _____       |                       |

Name(s) \_\_\_\_\_ Breakout Session Letter(s) \_\_\_\_\_ Optional Nametag Information \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Daytime) \_\_\_\_\_ Email \_\_\_\_\_

# Faculty

**Lisa Andrews, MEd, RD, LD**  
*Co-owner/Nutrition Consultant, Sound Bites Nutrition, LLC; Adjunct Instructor, College of Allied Health, University of Cincinnati*

**Shanna Armstrong, RN, MSN, CNS**  
*Clinical Nurse Specialist, Brain Tumor Center, UC Neuroscience Institute*

**John Breneman, MD**  
*Charles M. Barrett Professor of Radiation Oncology and Neurosurgery, University of Cincinnati; Brain Tumor Center, UC Neuroscience Institute*

**Tania Carreón-Valencia, MS, PhD**  
*Assistant Professor, Department of Environmental Health, University of Cincinnati*

**Ralph Dehner**  
*Tai Chi for Health Master/Trainer; Executive Director & Program Manager, The Mighty Vine Wellness Club*

**Naila Goldenberg, MD**  
*Adjunct Assistant Professor, Department of Internal Medicine, Division of Endocrinology, University of Cincinnati*

**Jessica Guarnaschelli, MD**  
*Assistant Professor of Radiation Oncology, University of Cincinnati; Brain Tumor Center, UC Neuroscience Institute*

**Christopher McPherson, MD**  
*Assistant Professor of Neurosurgery, University of Cincinnati; Mayfield Clinic; Brain Tumor Center, UC Neuroscience Institute*

**Sandy Hempel**  
*Survivor*

**Tara Orgon Stamper, CNRN, ANP-BC**  
*Nurse Practitioner, Brain Tumor Center, UC Neuroscience Institute*

**Tamar Sekayan, MSW**  
*Assistant Director of Patient Services, National Brain Tumor Society*

**Myles Pensak, MD**  
*H.B. Brody Professor and Chairman of Otolaryngology – Head and Neck Surgery, University of Cincinnati; Brain Tumor Center, UC Neuroscience Institute*

**Olivier Rixe, MD, PhD**  
*Professor of Hematology/Oncology, University of Cincinnati; Brain Tumor Center, UC Neuroscience Institute*

**Ravi N. Samy, MD, FACS**  
*Assistant Professor of Otolaryngology – Head and Neck Surgery, University of Cincinnati; Brain Tumor Center, UC Neuroscience Institute*

**John Tew, Jr., MD**  
*Professor of Neurosurgery, University of Cincinnati; Mayfield Clinic; Clinical Director, UC Neuroscience Institute; Brain Tumor Center, UC Neuroscience Institute*

**Philip Theodosopoulos, MD**  
*Assistant Professor of Neurosurgery, University of Cincinnati; Mayfield Clinic; Brain Tumor Center, UC Neuroscience Institute*

**Achala Vagal, MD**  
*Assistant Professor of Radiology, University of Cincinnati; Brain Tumor Center, UC Neuroscience Institute*

**Ronald Warnick, MD**  
*Professor of Neurosurgery, University of Cincinnati; Chairman, Mayfield Clinic; Director, Brain Tumor Center, UC Neuroscience Institute*

**Lee Zimmer, MD, PhD**  
*Assistant Professor of Otolaryngology – Head and Neck Surgery; Brain Tumor Center, UC Neuroscience Institute*

# Directions

## LOCATION

University of Cincinnati  
Tangeman University Center  
Great Hall, 4th Floor  
Cincinnati, OH 45221-0220

**\* Note: Looking up this address on the internet will not take you to the parking garage. Please use directions below.**

## PARKING GARAGE

College Conservatory of Music (CCM) Garage  
Located next to the Tangeman University Center.  
Weekend: \$5

## DIRECTIONS

### From the north or south via I-75

From I-75, take the Hopple Street exit (exit 3). (If you are traveling north, Hopple Street exits from the left lane). Turn left off the exit on to Hopple Street. As you cross the first intersection (Central Parkway), Hopple Street becomes Martin Luther King. Follow Martin Luther King Jr. Drive to Jefferson Avenue. Turn right onto Jefferson Avenue and follow to the 2nd traffic light. Turn right at 2nd light onto Corry Boulevard and follow Corry to the 3rd stop sign. Follow the directions **From Corry Boulevard 3rd Stop Sign.**

### From the west via I-74

Take I-74 east to I-75 south. Take the Hopple Street exit (Exit 3). Turn left off the exit onto Hopple Street. As you cross the first intersection (Central Parkway), Hopple Street becomes Martin Luther King Drive. Follow Martin Luther King Jr. Drive to Jefferson Avenue. Turn right onto Jefferson Avenue and follow to the 2nd traffic light. Turn right at 2nd light onto Corry Boulevard and follow Corry to the 3rd stop sign. Follow directions **From Corry Boulevard 3rd Stop Sign.**

### From the north via I-71

From I-71 southbound, take the Taft Road exit (exit 3). The exit places you on Taft Road, a one-way street heading west. Follow Taft Road to the 6th traffic light and veer right onto Jefferson/Vine Avenue. Follow Jefferson/Vine to the 1st traffic light. Turn left at 1st traffic light onto Corry Boulevard and follow Corry to the 3rd stop sign. Follow directions **From Corry Boulevard 3rd Stop Sign.**

### From the east via US 50

From US 50 westbound, turn right on Taft Road. Taft is a one-way street heading west. Follow Taft Road and veer right onto Jefferson/Vine Avenue. Follow Jefferson/Vine to the 1st traffic light. Turn left at 1st traffic light onto Corry Boulevard and follow Corry to the 3rd stop sign. Follow directions **From Corry Boulevard 3rd Stop Sign.**

## LODGING

### Kingsgate Marriott Conference Hotel

151 Goodman Drive • Cincinnati, Ohio 45219

Room Rate \$109/night (Standard Room) available until Friday, June 4, 2010.

To make reservations, call **(888) 720-1299** or **(513) 487-3800** and mention "Midwest Regional Brain Tumor Conference" to receive the group rate.

**Check-In Time:** 4pm; **Check-Out Time:** 11am

**On-site Parking:** \$3.50/hour, \$9/day

**Valet Parking:** \$25/day

### From Corry Boulevard 3rd Stop Sign

Follow the appropriate driving directions until you arrive at the 3rd stop sign on Corry Blvd. At the 3rd stop sign look to your right and you will see a grey slate building with a clock tower this is where the UC Tangeman Center Great Hall is located. At the 3rd stop sign is a roundabout intersection. Curve around and enter the underground CCM Parking Garage. Park and make your way to the far right hand corner marked Electronic Media Studios on any level and walk straight down that hallway to the elevator. Take the elevator to the 4th floor, turn left and exit outside. Once outside take the walkway over to the grey slate building, Tangeman University Center (TUC). Once you are in TUC, take the elevator across from and just past the Mick & Mack Restaurant to the 4th floor and exit.

### Drop-Off Directions

Follow the appropriate driving directions until you arrive at the 3rd stop sign on Corry Blvd. At the 3rd stop sign is a roundabout intersection. Curve around to the second drive and go straight. You will curve to the right on a brick drive, passing large grey balls and posts. Turn right at the stop sign. On your left you will see an entrance with both a ramp and stairs.

- Those getting dropped off should enter the building, turn left and take the elevator to the 4th floor. Exit the elevator and turn left toward the Great Hall.
- Those parking the car should go back to the stop sign and turn left to make your way back to the CCM Garage.

**University Hospital, Inc.**  
234 Goodman Street  
Cincinnati, OH 45219

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